



The Parent Academy

Parenting Workshop Topics

Arts and Culture:

- ❖ Cultural Awareness: Building Your Child's Appreciation for Arts and Culture

Health and Wellness:

- ❖ Healthy Lifestyles: Stress Management
- ❖ Healthy Lifestyles: Fitness and Nutrition in the Family

Helping Your Child Learn:

- ❖ Families Building Better Readers: How Parents Can Enhance Their Children's Literacy Skills
- ❖ Involved Parents: Creating a Home Environment Conducive to Success
- ❖ Making the Most of Your Child's Vacation: Opportunities to Maintain Learning During the Summer Months
- ❖ Moving Up: Preparing Your Child to Transition to...(Elementary, Middle, High School, or Higher Education)- Must specify which transition module you'd like presented
- ❖ Test Preparation: Building Academic Skills and Helping Children with the FCAT and Other Exams
- ❖ The Parent Portal: Information and Resources to Monitor Your Child and Promote School Success.

Parenting Skills:

- ❖ Grandparents Raising Grandchildren: Effective Strategies for Caring for a Grandchild
- ❖ Parent Advocates: Getting Involved in Support of Children's Education
- ❖ Parent Rights and Responsibilities: Attendance, School Choice and Special Programs
- ❖ Peace Education: Parenting for Anti-bullying
- ❖ Peace Education: Parenting for Drug and Violence Prevention
- ❖ Positive Parenting: Effectiveness Strategies to Raise Responsible Children (3 Part Series)
- ❖ Parenting in the Era of Technology: Guiding Youth to Stay Safe on the Internet

Personal Growth:

- ❖ Financial Security: Budgeting, Establishing Credit, and Preventing Identity Theft
- ❖ Job Readiness: Resume Writing and How to Apply and Interview for a Job
- ❖ Pathways to Citizenship: United States Immigration Law and Services

Thank You!

We look forward to partnering with you to serve families in our community!

Contact us at 305-995-2680 or visit our website www.theparentacademy.net